Dear Twilight Red Rock Canyon Runners,

Race day is quickly approaching! I hope all of your training has been going well and that you're ready to have a great time at Red Rock Canyon! Below are some details for the event weekend which should answer any questions you may have. *After reading this in its entirety*, any questions left unanswered, feel free to email me, bearing in mind I will be crazy busy.

<u>***SWITCHING DISTANCES</u>*** Calico Racing permits the switching of distance without an administrative fee (upgrade in distance fees apply) but YOU MUST TELL US! If you would like to switch distance from what you are registered for, please email me NO LATER THAN Wednesday of race week at 11:59pm. calicoracing@hotmail.com. Failure to comply will mess up the results and awards- so your cooperation is expected.

<u>Bib Numbers</u>: Bibs should be worn on your front. 4 pins will be included with your race packet.

<u>Timing Chips</u>: *Chips m*ust be worn <u>on your shoe, only</u>. Two beaded zip ties will be in your race packet to secure your timing chip to your shoe through your laces. Your loaner timing chip needs to be returned at the finish line. A volunteer will be on site to assist. Failure to return your timing chip immediately following the race will be subject to a \$10 fee.

Start Times: All runners must start with their respective gun time and be across the timing mats within 5 minutes of the official start. Those starting later than 5 minutes after the official gun start will be reported with gun time only.

Getting to/ from the race:

- 1. Saturday October 19, 2019: RACE DAY! DO NOT PARK AT RED ROCK CANYON! ALL RUNNERS AND SPECTATORS <u>MUST</u> PARK AND RIDE THE CONTRACTED BUS TO/ FROM THE START LINE.
- 2. BUSING/ PARKING: All runners and spectators MUST park at the off-site parking location. The MAIN FREE parking and busing is from WEST CAREER AND TECHNICAL ACADEMY located at 11945 W Charleston Blvd, Las Vegas, NV 89135. This area is conveniently located on Charleston Blvd just west of the I-215. We will load on the EAST side of the building. A map is provided on the event website. The one-way bus ride will take ~10 minutes, and there is a bathroom on board. There will be an attendant there helping to load the buses. They will not have packets/ bib numbers, and will not be handling race day registration. Get on the bus and I'll get you taken care of at the start line. Buses start running at 4:15pm and will run on a rotation. The one way drive should take about 10 minutes. Please load and unload quickly and take all belongings with you. Buses will load based on race distance with priority given first to half marathoners, then 10K then 5K, then spectators. Please DO NOT wait until the last minute to get on the bus! Please arrive early for everyone's on-time race start! Buses will return runners to this same area

after the race as demand dictates. I *roughly* anticipate the first bus departing Red Rock around 6:45pm.

- 3. **DROP OFF:** If you are having someone drop you off for the race, or are taking a taxi/ uber- you may have them DROP you off at the race start. This will also help alleviate the workload for the buses. All race distances start and finish at the exit of the scenic loop. Follow the directions, but continue past the entrance about 2 miles along Highway 159. You will see a dirt lot at the exit of the loop- this is your starting area. Please take no more than 2 minutes to jump out of the car and have your driver stay out of the way of the buses.
- 4. The STRIP BUS: For those of you that purchased a bus ticket from the Strip, your pick-up point is on the FLAMINGO ROAD side of Bally's Hotel and Casino at Las Vegas Blvd. If you are standing on the corner of Las Vegas Blvd and Flamingo facing north (Bally's behind you on your right), turn right walking along Flamingo for about 200 feet. There is a little "uphill" where the contracted bus will be loading. The bus will DEPART at 4:15pm. Please arrive about 15 minutes early to load. The driver will have a list of names of everyone who has paid to be on the bus. Give them your name and hop on the bus. I will be at your start line with your packets. There is a list of all of the paid bus riders posted on the event, then "Confirmed Bus Tix" to confirm that you are on there. The one-way trip from the Strip to Red Rock Canyon is about 45 minutes and there is a toilet onboard. Return buses will return to the Strip *roughly* at 7:30pm, 8:30pm, and 9:20pm.

5. Spectators: DO NOT DRIVE TO RED ROCK CANYON!!!

We are happy to have your spectators come join us for race day! Please ensure that they **TAKE THE BUS**! I am working very diligently with BLM to reduce any unnecessary vehicular traffic at the park during the race. I am paying to provide this FREE to spectators (from the main pick up point)please use it!

***Spectators** should also note that the finish line food and drinks are for the registered athletes only. There are **NO concessions** at the race, so spectators should come prepared with their own food and drinks and dress warmly.

PACKET PICK UP:

Packet pick up is race evening *only, at the start line*. The bus will drop you off at Red Rock Canyon right where you will collect your race packet. Please leave enough time to get checked in before your race start. You MUST wear your loaner TIMING CHIP on YOUR SHOE in order to be timed! *Please: If you do NOT plan on racing, do NOT take your TIMING CHIP*

Event Shirts:

You will receive your event shirt during packet pick up prior to the race. *I suggest bringing *your own bag*, labeled with your name and putting your shirt in your bag on the tarps.

Clothing Bags:

Each runner may have a clothing bag left at the start / finish line. Please use your own bag and label it with your name. PLEASE ensure that you collect your bag after the race as NO bags will be mailed. A tarp will be laid out for these bags, so just place it there. It is not a formal collection and no one will be in charge of "supervising" the area, so no valuables please.

Required Equipment: <u>You WILL be disqualified if not in compliance.</u>

*All runners are **REQUIRED to wear a <u>360 degree</u> reflective vest AND carry a handheld flashlight or wear a headlamp (<u>the light MUST be turned on! It is not only to see, but</u> <u>to BE seen</u>). A 360 degree reflective vest can be pre-purchased for \$9 during the registration process and will be collected at packet pick up. If you have one of your own you may wear that instead, but it must be a <u>360 degree</u> reflective vest. At present, we anticipate having extra vests available for sale at packet pick up for \$9 (cash). We encourage you to additionally maximize your visibility with ankle or arm bands.**

***Please note that this is a permit requirement and you are required to comply in order to run the race. Your <u>vest</u> MUST be <u>360 degree</u> reflective. Any excess inventory of our vests after pre-sales will be available for purchase at packet pick up on a first come first serve basis until sold out.

Mile Markers:

Mile markers will be placed every 1 mile and will be designated by signs stuck inside of traffic cones. Any spray-painted markings are NOT mine! We respect the park and my permit- so ignore any spray painting! All of my marking are either the signs inside of cones. ALL outbound mile markers are BLUE, after your turn around the ½ marathon will continue in BLUE; the 10K in GREY; and the 5K in PURPLE. All directional signs will also be posted by these same type signs and/ or colored duct tape arrows on the roadway. The course is very easy to follow and a true out and back course.

Aid Stations:

Aid Stations are roughly every 1-2 miles. Please see "Aid Stations" under the Twilight Red Rock event page for specific locations and provisions. Please keep our park beautiful by using the trash bins provided. **No littering will be tolerated**. Please do not throw your cups OR GEL WRAPPERS, as with a slight amount of wind they will blow off- making our volunteers run to chase them- and we should not be running on the undisturbed park lands! Please thank your volunteers!

Portable Toilets:

Portable toilets will be available at the start and finish line, and as noted on the website along the course. A toilet is also available on some of the buses.

Safety:

Your safety is the utmost concern of Calico Racing and Red Rock Canyon Conservation Area. Please listen to all instructions, abide by race official and park official instructions, and exercise caution at all times. The roads are open to vehicular traffic. We have 25% of the roadway and it will be coned the entire length of the course. You MUST remain inside the cones and stay to your RIGHT. **Anyone running or walking greater than single file MUST yield to passing or oncoming runners.** No blocking please!

An *advanced level of care ambulance* will be at the event the entire duration and will be dispatched out of the EXIT of the Scenic Drive. Please alert an aid station volunteer, park ranger or another runner should you need help!

**There should be no interruption to the race. The ONLY possible cause for interruption would be at the discretion of Red Rock Canyon Conservation in the rare event that a medical helicopter evacuation must take place which would overlap our course. This is one of the many reasons we ask spectators to keep their on course driving to a minimum and use the bus provided. Our added event traffic could delay the life saving measures for victims of an accidental fall. On course instructions will be relayed if applicable.

Environmental Safety:

No runner, spectator, volunteer or others may cross undisturbed park lands. Stay on the roadway and course at all times. This INCLUDES the start/ finish area at the EXIT of the loop. Do not step onto the vegetation. Leave any wildlife alone.

Desert Tortoise:

The Desert Tortoise is a threatened species on the Endangered Species list. The BLM requires all runners read, understand, and abide by certain information and protocols. This information will be available at the packet pick up, or can be read ahead of time on the Calico Racing website by visiting "Desert Tortoise" under the event page.

Volunteers:

As with every race, volunteers are a vital part of the event. Many of the volunteers are fellow runners, earning credit and discounts toward future Calico Racing events! No one takes care of runners like other runners! Please be kind and THANK your volunteers! I am still looking for a few more volunteers- if interested, please email me: calicoracing@hotmail.com

Finish Line:

We will be using IPICO chip timing. You MUST attach your timing chip to your **shoe** and return it at the finish line. Please stay in the finishing chute while the volunteer removes your chip and you receive your finishing medal.

Photography:

I am proud to announce *M Bradford Photography* will be on course photographing the event. Photos will be available after the event on the website. Buy plenty so he'll come back!

Weather:

It should be a gorgeous evening at Red Rock Canyon with perfect running temperatures. Do note, temperatures will cool off as you run, and you'll likely be chilly at the finish line, so be sure to pack your warm clothes drop bag. **To track the weather use zip code 89135.**

Post Race:

Post race food will be available at the finish line for registered athletes only.

Wet and dry hand towels will also be available at the finish area so you can towel off after the race. Please return all used towels in the clearly marked bin provided. Yup- I do about 10 loads of towel laundry after each race!

Awards:

I LOVE the awards for this race! Gorgeous sandstone pieces will be awarded to the top 3 overall men and women in each race distance, and first place in age groups. Overall winners are taken out of the age groups. Awards will be handed out in the finish area immediately following the first several runners.

* If you are leaving the park area and think you may have qualified for an award- please see me to avoid having to mail them!

Lastly:

I want to take a moment to express my sincere thanks to each and every one of you for attending the Twilight Red Rock Canyon event. Many of you are returning runners, having run in one of the many other races that I direct. Your continued support is SO important and appreciated. To those of you that are new to Calico Racing- welcome to the family! We are a smaller event than many of you may be used to- but that is what can make it so great. A personal race with first rate amenities. With your help, I hope to position this and other Calico Racing events for future growth and a lifelong achievement of passion, environmental responsibility, fun, and of course... running.

See you all soon!

Joyce