

**Dear Twilight Red Rock Canyon Runners,**

Race day is quickly approaching- I hope that you are just as excited as I am for the return of live racing! Welcome back to the many of you that have run one of the many other Calico Racing events. Your return to another one of my events is a great compliment, so thank you. For all of the others, welcome to the growing Calico Racing family! I hope to make this a special event for everyone. This year won't look like previous editions of our races, but we are committed to your safety and enjoyment!

Below is some information about race day that will ensure for a smooth event. Please read it in its ENTIRETY as it will answer 99.9% of questions you may have.

**This document MAY change up to and including on race day, so please check back, as this document is considered final say for all up to date race information. If any updates are made after October 12 those changes will be highlighted in green like this for your ease of finding it.**

**1. IF YOU ARE SICK OR HAVE BEEN EXPOSED TO SOMEONE WITH COVID-19: STAY HOME!**

**2. WHAT TO BRING, REQUIRED:** Water Bottle/ hydration system (wide mouth easy to fill is best); headlamp or flashlight for 6pm night racers; face covering (see masks below), and reflective gear for 6pm night racers (those who pre-purchased online will receive it with their packet). *Your light must be turned on! It is not only to see, but to BE seen (6pm night racers).*

**3. MASKS:** We are following the Governor's mandate and all runners, spectators, staff, and volunteers will be REQUIRED to wear a mask at packet pick up, while at the start line in the staging area, and at the finish line. Once ON COURSE, WHILE RUNNING, you will not be required to wear a mask, however you should have your mask with you on course to cover your nose and mouth at aid stations and when not distanced from other runners on course. A buff or neck gaiter works best. **Runners must provide their own mask, as they will not be provided by the race.**

The governor's mandate said that there would be no enforcement on the customer/ citizen for non-compliance; but there would be enforcement on the businesses for non-compliance. This does not only mean enforcement of employees wearing a mask, but also makes the BUSINESS responsible for not enforcing the mask mandate onto its customers. OSHA and the health department have conducted 5000++ inspections of businesses for compliance and are issuing fines to businesses in the tens of thousands of dollars, as well as can revoke liquor, gaming, and business licenses. Any runner unwilling to abide by the above mask mandate will not be allowed to participate in the live event. I am not about to get into it about politics, this is about respect for me as your organizer, that I will NOT tolerate anyone putting my business at risk. I am betting on you runners to cooperate. Understand that this business is 100% of my livelihood. As a small business, this has been devastating and this is what we ALL need to do in order to race currently.

**4. MAINTAIN PHYSICAL DISTANCE & LIMIT GATHERING NUMBERS:** Maintain 6' distance from others not in your household. On course, give oncoming or passing runners a little extra room, and announce "passing on your right" and each of you look away from each other. Raise your mask to cover your nose and mouth when passing and through aid stations. Limit gathering in groups, please disperse.

**5. HAND WASHING AND HAND SANITIZER:** Hand washing stations will be available. If the hand washing station needs attention, please alert a volunteer. Hand sanitizer will be available around the start/ finish area and at each aid station. We will be regularly cleaning high touch areas; but please help us out by limiting your touch points/ contact and not placing your belongings on the tables.

**6. STAY IN YOUR CAR:** To reduce gathering at the start line, please ready yourself in your car. You may join us at the starting area 10 minutes prior to your start time when you are ready to race, use the toilet, refill your water bottle (no self-service, volunteer will assist).

**7. AID STATIONS/ ON COURSE:** Conduct and etiquette through the aid stations is as follows:

- Please raise your mask over your nose and mouth while at the aid stations.
- Maintain physical distance from others.
- YOU, the RUNNER, will open the top of your water bottle (wide opening is best) and hold your bottle (or hydration bladder) open *at arm's length* for the volunteer to fill from the water pitcher.
- Volunteers will NOT take possession of your bottle or belongings.
- Please do not place your belongings/ bottle tops, etc on the tables.
- Hammer FIZZ electrolyte drink will be available in spaced out cups on the table. You can grab a cup (no volunteer hand ups) being mindful to only touch what you take.
- Hammer Gel will be available at all aid stations spaced out on the table. Only one flavor per station is available to minimize unnecessary touching. You can grab a gel (no volunteer hand ups) being mindful to only touch what you take.
- Dispose of trash directly into the trash can.
- Runners to announce if they are passing to runners ahead and say **PASSING RIGHT** or **PASSING LEFT** and give them a chance to move to the side.
- Touchless encouragement of other runners.
- No expulsion of bodily fluids (spitting, snot, etc)

**8. HUGS:** We usually have a whole lot of hugs at our races! It may be a hard habit to break after 14 years, especially for me! Please help me! If I mistakenly go to hug you- don't let me!

**9. SPECTATORS:** Due to strict gathering limits **no spectators** may gather at the start finish line. A loved one may **DROP** the runner at the start line, then leave the event, only to return within 15 minutes of your anticipated finish time. Spectators are also required to follow mandated mask and social distance requirements.

**10. STARTING CHUTE/ SOCIAL DISTANCE:** With the max group of 45-55 runners per wave; it will be very easy for runners to social distance on course, with your cooperation.

We created a start/ finish chute that measures out 6' foot separation front to back, and left to right. We will announce when registrants can enter the chute with their mask on, and instruct runners to line up, one person per marked area. We urge the fastest runners to line up first to reduce on course passing as much as possible.

## **11. SCHEDULE**

**GROUP 1: “7am”:** limited to a total of ~50 registrants.

- **6:15am:** Packet pick up opens for 7am racers
- **7am:** ½ Marathon starts
- **10am:** 7am wave course cut off
- Awards and food available as runners are finishing.

**GROUP 2: “11am”:** limited to a total of ~50 registrants.

- **10:15am:** Packet pick up opens for 11am racers
- **11am:** ½ Marathon, 10K, & 5K start
- **2pm:** 11am wave course cut off
- Awards and food available as runners are finishing.

**GROUP 3: “3pm”:** limited to a total of ~50 registrants.

- **2:15pm:** Packet pick up opens for 3pm racers
- **3pm:** 10K and 5K start
- **5pm:** 3pm wave course cut off
- Awards and food available as runners are finishing.

**GROUP 4: “6pm”:** limited to a total of ~50 registrants.

- **5:15pm:** Packet pick up opens for 6pm racers
- **6pm:** ½ Marathon, 10K and 5K start
- **9:30pm:** 6pm wave course cut off
- Awards and food available as runners are finishing.

## **12. PACKET PICK UP:**

- Packet pick up is at the start line only, on race day.
- Please only arrive during the “packet pick up” time posted for your group in the schedule above in #11.
- Face covering required to be worn during packet pick up.
- Socially distanced race packet collection in line.
- No spectators in line, and groups are encouraged to send one person to collect all packets on behalf of their group.

**13. PARKING** is at/ near the start/ finish line. Please follow the directions of the volunteers. Directions and a Google Maps link can be found on the event website under "Directions".

**14. SWITCHING DISTANCES:** Due to COVID restrictions at the race, we have many rules we need to follow! Each of the 4 groups is SOLD OUT, so there is no switching between groups (i.e. if you are registered for 7am, you can not switch to 6pm, etc). If you would like to switch distances WITHIN YOUR SAME GROUP, this is allowed, but will depend on which distances are offered at that time. **REQUESTS MUST BE RECEIVED NO LATER THAN Wednesday of race week at 11:59pm.** [calicoracing@hotmail.com](mailto:calicoracing@hotmail.com). Failure to comply will mess up the results and awards, and could potentially push us over the mandated gathering limit- so your cooperation is expected.

**15. NIGHT RACERS:** All runners in the 6pm group are required to wear a headlamp or carry a hand held flashlight; AND be reflective from front and back. Your light must be turned ON, as it is not only to see, but to BE seen.

**16. RACE TIMING:** We will be manually timing the races this year. With the very low number of athletes, spread out over 15 hours, it is just not feasible to have chip timing. Please wear your **bib number on the FRONT** with the pins provided. Stay in the finishing chute until I have you recorded, hand you your medal, and award if won. **Results and Awards will be reported and determined based on GUN time, so start on time with your group.** The groups are VERY small so everyone will be on course in a matter of seconds.

**17. MEDIC:** Will be available dispatched out of the start/ finish area. If you are in need of assistance alert another runner and/ or volunteer. Please keep medical watchful eyes on your fellow runners and work together to keep everyone safe. **\*\*Cell service is spotty at best\*\***

**18. WEATHER:** Red Rock Canyon is at a slightly higher elevation than the Las Vegas Valley, so you can expect temperatures approximately 3-5 degrees cooler than town. Based on the extended forecast I am anticipating morning temperatures (7am) around 60; the 11am start around 78; 3pm start around 87 and 6pm start around 83 and cooling after sunset.

**19. Mile Markers:** Mile markers will be placed every 1 mile and will be designated by signs stuck inside of traffic cones. Any spray-painted markings are NOT mine! We respect the park and my permit- so ignore any spray painting! All of my marking are either the signs inside of cones. ALL outbound mile markers are BLUE, after your turn around the ½ marathon will continue in BLUE; the 10K in GREY; and the 5K in PURPLE. All directional signs will also be posted by these same type signs and/ or colored duct tape arrows on the roadway. The course is very easy to follow and a true out and back course.

**20. Portable Toilets:** Portable toilets will be available at the start and finish line, and as noted on the website along the course.

**21. Safety:** Your safety is the utmost concern of Calico Racing and Red Rock Canyon Conservation Area. Please listen to all instructions, abide by race official and park official instructions, and exercise caution at all times. The roads are open to vehicular traffic. We have 25% of the roadway and it will be coned the entire length of the course. You **MUST** remain inside the cones and stay to your **RIGHT**. **Anyone running or walking greater than single file MUST yield to passing or oncoming runners.** No blocking please!

**22. Environmental Safety:** No runner, spectator, volunteer or others may cross undisturbed park lands. Stay on the roadway and course at all times. This **INCLUDES** the start/ finish area at the **EXIT** of the loop. Do not step onto the vegetation. Leave any wildlife alone.

**23. Desert Tortoise:** The Desert Tortoise is a threatened species on the Endangered Species list. The BLM requires all runners read, understand, and abide by certain information and protocols. This information will be available at the packet pick up, or can be read ahead of time on the Calico Racing website by visiting “Desert Tortoise” under the event page.

**Lastly:**

I want to take a moment to express my sincere thanks to each and every one of you for attending the event, and for your trust in me executing a safe event. We will be an “old school” version of races, as we are forced to pare down some of our usual offerings. But we are grateful to be back racing doing what we love!

See you all soon!

Joyce