

Rally in the Valley of Fire

3 Day Festival Participants

Suggested Packing List

1. Sleeping bag, rated to 5 degrees C / 41 degree F; or comparable bedding
2. Camp pillow
3. Sleeping pad; unless you've rented a cot
4. Tent; unless you've reserved space in a shared tent.
5. Hydration system, capable of carrying 24 ounces minimum required, but 48 ounces suggested.
6. Additional on course, or around camp food to augment race provided food if you are particular.
7. Headlamp or flashlight with fresh batteries for around camp at night.
8. Sunscreen
9. Lip Balm with sunscreen
10. Medication, if needed
11. Blister kit
12. Alcohol gel, 30 ml/ 1 fl oz
13. Toilet paper, for on course
14. Running shoes
15. Socks
16. Shorts/ tights
17. Shirts, for running and for warmth around camp
18. Jacket for at night/ morning around camp
19. Sunglasses with UV protection
20. Gaiters, for fine sand preferred
21. Bandana/ buff
22. Waterproof/ Sand-proof bags, zip-lock bags, or compression sac
23. Flip flops, for around camp
24. Towel and shower toiletries (not provided)
25. Toothbrush and toothpaste
26. General toiletries
27. Watch or timing device, GPS permitted for use during race, but not stored or shared.
28. Anti-chaff powder or cream
29. Wet wipes
30. Hat/Visor, with or without neck cover
31. Trekking poles, if you desire, personal preference
32. Camera
33. Ear plugs/ sleep mask
34. iPod & Headphones. Charging station *may* be available, but if you *need* your device be sure to bring your own portable solar charger.
35. Mobile phone and charger. Charging station *may* be available, but if you *need* your device be sure to bring your own portable solar charger.