

Registered Athlete Letter

Welcome Vegas Golden Night & Day Athletes!

I hope you are all excited for a fun race on Saturday, February 9th! Below are a few details that will help your race experience run as smoothly as possible.

We look forward to seeing lots of **Vegas Born Team attire and gold running outfits!** We'll be jamming to some of our favorite game day tunes at the start/ finish line- but be sure to download your favorites for your own on course enjoyment.

*****SWITCHING DISTANCES***** Calico Racing permits the switching of distance without an administrative fee (upgrade in distance fees apply) but YOU MUST TELL US! If you would like to switch distance from what you are registered for, please email me **NO LATER THAN Wednesday of race week at 11:59pm.** calicoracing@hotmail.com. Failure to comply will mess up the results and awards- so your cooperation is expected.

Packet pick up will be available *on race day only*, at the start line from **6:15am- 7:15am** for the morning race and **3pm- 3:45pm** for the evening race. Please have your registration confirmation available to assist us, should we have difficulty finding your entry. Packet pick up will be located near the start/ finish line at **Sunset Park @ the HISTORY WALK**. This is right next to the event parking area. Sunset Park's address is **2601 East Sunset Road, Las Vegas, NV 89120. The History Walk is on the SOUTH side of the park, most easily accessed from the Eastern Avenue entrance, just south of Sunset Road.** ****If you do not plan on racing, or do not wish to be timed, please do NOT collect your race envelope as it contains a timing chip we need back.**

Parking: Parking is nearby the History Walk Trails. This area is best accessed from the EASTERN AVENUE side entrance, which is just south of Sunset and just north of Warm Springs. *****There are 2 entrances on Eastern Avenue, use the south entrance** which is right next to the History Walk. So, if you are heading northbound on Eastern, it is the first entrance into Sunset Park after crossing Warm Springs. If you are turning off of Sunset Road and heading southbound on Eastern, it is the *second* entrance into Sunset Park.

Race Day Entries: Race day entry is still available for an additional late fee. Please come with exact **cash only**. RACE DAY SIGN UPS CLOSE 15 minutes prior to each race start.

Miss Nevada, Alexis Hilts: We are thrilled to welcome Miss Nevada, Alexis Hilts to the Vegas Golden Night and Day race on Feb 9th! Alexis will be joining us in the morning to help me start the race, showing her team spirit! Come say hello!

Bib Numbers: Bibs should be worn on your front. 4 pins will be included with your race packet.

Timing Chips: Chips must be worn **on your shoe, only**. Two beaded zip ties will be in your race packet to secure your timing chip to your shoe through your laces. Your loaner timing chip needs to be returned at the finish line. A volunteer will be on site to assist.

Failure to return your timing chip immediately following the race will be subject to a \$10 fee.

Start Times: 7:30am and 4pm. All runners must start with their respective gun time and be across the timing mats within 5 minutes of the official start. Those starting later than 5 minutes after the official gun start will be reported with gun time only.

Pace Corrals: We are thrilled to welcome athletes of all abilities to the VGN race! For the best possible experience for all involved, we will be assisting you to “self-seed” yourselves in the starting corral by minute/ mile pace signs, starting approximately at 7:20am (morning race only). If your anticipated pace is not listed, just place yourself slightly ahead, or slightly behind the closest one.

- 6 min/ mile= Gold
- 8 min/ mile= Green
- 10 min/ mile= Orange
- 12 min/ mile= Blue
- 15 min/ mile= White (this is a brisk walk)
- 20 min/ mile= Red (this is a more leisurely walk)

2- Way Runner Traffic: Please note that portions of the course will have 2-way runner traffic. **Please run no greater than 2 people abreast and stay to your LEFT**, allowing room for passing or on-coming runner traffic.

New 10K & ½ Course: Some minor modifications have been made to the 10K and ½ Marathon courses. It eliminates several hard 180 degree turns- I think you’ll enjoy it. You can check out the details on the website under “course”.

VGN Winter Beanies! As a reminder, per the website posting, registrants from **January 26, 2019 @ 11:30pm** and beyond may receive a VGN branded winter beanie hat in lieu of the finisher medal, at the race director's discretion. These hats will additionally be available for sale for \$20, cash only.

Mile Markers: All of my signs are coroplast signs on a poll standing inside an orange traffic cone, with directional use of duct tape arrows on the pavement. Calico Racing respects our permit and does NOT spray paint the trail, so please only follow my signs.

Toilets Permanent structure toilets are available near group area GINGKO, directly across the parking lot (0.2 mile away); and near group area FOXTAIL, across the parking lot to the left toward Eastern Avenue (0.3 mile away) near the **start/ finish** line at the History Walk.

Aid stations: Will provide water and Hammer Heed energy drink. Please use the trash bins provided. Aid is available approximately every 1-2 miles.

Runners AM & PM: For those of you running BOTH the morning and night time runs, you will have 2 separate bib numbers/ timing chips for each event. In the morning, you will collect your morning bib number and timing chip and your event shirt. At the

morning finish line you will turn in your timing chip. When you return for the night time race you will then collect your night time bib number and timing chip only.

FLASHLIGHTS/ HEADLAMPS: ****Sunset is at 5:16pm** Portions of the course are unlit, and therefore all runners on the course after 5:15pm are required to be reflective from front and back AND wear a headlamp or carry a hand held flashlight.****

Reflective Vests: For those of you in the evening race, we encourage you to wear a reflective vest, though is not required for this race. We will have awesome 360 degree reflective vests for sale at packet pick up for \$9, cash only. Calico Racing has several evening races, some which require a 360 degree reflective vest- get yours at VGN and be ready for all future night races with us!

Gear Bags: Since the parking area is just steps away from the start/ finish line, most people will leave their belongings in their cars. For those not parking, you can place your belongings on the side of the path/ course near the start/ finish line; a tarp will be laid out. Wherever you leave it, it will stay. These are not checked nor guarded, so no valuables please.

Awards: Awards will be handed out in the finishing area shortly following each race. Please stay and listen for your name if you think you may have won an award, as a shipping fee will be charged if requested to be mailed.

Weather: The weather looks beautiful for race weekend! Expect morning temperatures in the low 40s with partly sunny skies; and daytime highs in the high 50s. To monitor the weather use zip code 89120.

Medical: An EMT will be on site the entire duration of the event and will be stationed out of the start/ finish area. Should you need medical attention please inform a volunteer or fellow runner.

Course is open: Please note that the course is completely removed from vehicular traffic, however it is not closed to casual park users. Please be respectful and know that they may be coming from the opposite direction.

BLOWOUT SALE!! We'll have clearance pricing on all sorts of goodies. Be sure to bring some cash and get some deals! Sales are cash only.

Photography: M Bradford Photography will be out there shooting some great photos of the event. Be sure capture this great photo opportunity. Photos will be available online for viewing and purchase after the event.

Finish line food and refreshments will be available and awards will be handed out.

Volunteers: Please be sure to THANK our wonderful volunteers!

Looking forward to seeing you at the race!

Joyce